Personality and Behavior

Name:

Institutional Affiliation:

Date:

**Personality and Behavior**

**Introduction**

Experts study human behavior by focusing in cues that influence their relationships within the larger community. Numerous models have been created to facilitate the study about human behavior.

**Discuss Howell and Mendez’s three perspectives on followership. Note how these behaviors influence work productivity**

In the corporate setting, employees and staff members must exhibit the ideal skills and competencies to accomplish their assigned tasks. Their success is dependent on the ability to maintain a positive relationship with their workplaces. Howell & Mendez, (2008) claim that vital organizational forces influence the abilities to assume the various roles such as followership.

**What is the big five personality model?**

The big five personality model is a framework that allows experts to understand the factors shaping human behavior using the psychological traits theory. This model presents a taxonomy of personality traits depending on their behavior and can assess human interactions with the rest within their respective application areas. The five areas that define the personality exhibited by a given individual include neuroticism, agreeableness, openness, extraversion, and conscientiousness (Oshio,

**What is the Myers-Briggs test? How is it similar to the Big five model? How is it different than the Big five model?**

The Big 5 framework assesses personality traits that define each individual. On the other hand, the MBTI framework is used to assess the unconscious aspects defining each individual.

**Conclusion**

Understanding human behavior is essential for experts to evaluate the factors shaping human interactions. The big five personality test measures the conscious aspects and human traits, while the MBTI measures the unconscious elements that shape human

**References**

Howell, J. P., & Mendez, M. (2008). Three perspectives on followership. *The art of followership: How great followers create great leaders and organizations*, *146*, 25-39.

King, S. P., & Mason, B. A. (2020). Myers‐Briggs Type Indicator. *The Wiley Encyclopedia of Personality and Individual Differences: Measurement and Assessment*, 315-319.

Oshio, A., Taku, K., Hirano, M., & Saeed, G. (2018). Resilience and Big Five personality traits: A meta-analysis. *Personality and Individual Differences*, *127*, 54-60.