Nursing in a Pandemic

Institution:

Date:

**Introduction**

In the face of an epidemic or pandemic that causes dangerous illness to individuals' health-threatening their livelihood, nursing practitioners play a fundamental role in controlling the crisis. Some of the epidemics break out like COVID-19 presents sudden threats to the immediate communities or nations and globally. Such effects or threats range from job loss to change of livelihood as people adapt to new ways of living. In most cases, many countries contract the epidemics by surprise due to low or poor mitigation, responses, and preparedness (AdventHealth, 2020). Some of the intensely affected countries tend to call for support from developed nations for medical resources and human resources to reinforce the support.

**Nursing during a pandemic**

In the middle of a pandemic, the idea of healthcare resilience is characterized by the ability to bounce back from huge disturbances caused. The nursing fraternity forms the frontline team in combating the adverse effect of the epidemic both nationally and globally. The preparedness of an institution and its nursing personnel determines the resilience level (AdventHealth, 2020). Usually, the nurses and another support team in healthcare help maintain the sustainability of the healthcare institutions and services provision. However, the pandemic creates a great risk to the nursing team, doctors, and other professionals.

Despite the effect of the crisis on healthcare practitioners, sustainable management of the crisis hugely lies in healthcare provider preparedness (Al Thobaity and Alshammari, 2020). That implies that if the frontline workers are not ready for a crisis, the responsible workers like the nurses may do all they can but fail to save people’s lives. The nurses help in providing different services in the face of a crisis that may span beyond their usual activities.

**Importance of nursing**

In all nations, nurses fall in as frontline workers mainly responsible for providing holistic medical care for every patient. Bearing that nurses form a huge part of the healthcare providers, they play an essential role in healthcare courses (AdventHealth, 2020). During a pandemic, the nurses are tasked with offering critical emergency treatment and attending to patients suspected of contracting any virus. Further, they help in coordination and decontamination in partnership with other medical professionals.

In addition, nurses help in the supply of holistic nursing services to manage contagious and multiple infections. Also, they assist in expanding care services that cover the practitioners' relatives since they interact with them directly (Al Thobaity and Alshammari, 2020). Nurses must be well equipped with the necessary knowledge and skills during a pandemic or crisis as they have more responsibility for satisfying their patients and families. The management practices are actualized through isolation, decontamination, psychological support, communication, palliative care, and clinical treatment. However, some nurses suffer from issues that hinder the effective provision of services to needy patients. Once the issues are addressed, the nurses and healthcare systems develop resilience to the pandemic or crises as they respond from a knowledgeable perspective.

**Conclusion**

The nursing fraternity forms the frontline team of healthcare practitioners who help in responding to the crisis. Their level of response and preparedness determines their resilience as well as national capability to survive. However, they enhance their capability and capacity to communicate, decontaminate, and provide essential care with the necessary knowledge and skills.

References

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AdventHealth. (2020) Role of Nurses During Disease Outbreaks. Retrieved August 4, 2021, from <https://online.ahu.edu/blog/role-of-nurses/>