CNL-515 Topic 3 Responses

Institution Affiliation

Date

**Kyara Vickers**

Hello Kyara, great approach on this week’s discussion. I agree that there are a number of reasons as to why a client may withdrawal from the session. This can either be causes on the side of the client or on the counselor. Regardless of where the causes are coming from it is crucial that the counselor is able to note the withdrawal and act on it before things can get worse. I agree that if a client is not understood, or is offended, he or she is likely to withdrawal from the process. A counselor should always seek to enhance their counseling skills, in order to make sure that the therapeutic process is smooth. One of the main strategy is that the counselor should accept that there is some resistance happening. Also it is important for the counselor to note that it is not a strange thing and withdrawals happen once now and then. Of importance is that it is addressed at the right time.

**Yassmine Kelly**

Hello Kelly, you approached this week’s discussion well. Having a client withdrawal from a session is not something new. I can be cause by numerous things either from the client or from the counselor. Of importance, is that the counselor is able to notice that there is some resistance going on and act on it immediately. It is also important to understand what is causing the resistance, so it can be possible to target on it. On top of the reasons you gave, I think communication breakdown can also result to the client withdrawing from the session. This makes the client to feel as if the counselor is not respecting them or is not interested in what they are saying. A counselor should be careful on the responses that they give the client. It is important for a counselor to use their empathy skills which will enhance the connection with the client.