**The Differences and Similarities between Visual Art and**

**Performance Art**

There are many different forms of art, and two of them are visual art and the performance art. They are probably the most recognised forms of art, and are the forms that most people have been involved in them during their lifetime. Performance and visual art express creativity, emotion, and tell a story. Both of these arts provide audience interaction in different ways. One is an object and one is watched, but they both can tell the exact same story; just received differently with a different approach.

Visual art is a way to express one’s self through painting, sketching, sculpting, painting, or even photography. Visual art shows a story through colour, shape, and line [Ownnd]. This form of art allows the audience to figure out the story on their own through analyzing the artist’s choice of colour, shape, and line. Visual art is special in the sense that the audience can really take anything they want out of it, and find something in it that they can relate to and makes them feel a certain way toward that piece of art. Visual art is special because no matter the nationality, religion, language, or gender everyone can express themselves through it, and everyone can relate to it in some way. An example of a piece of art, also falls into the category of visual art and is the most famous painting of all time, it is the Mona Lisa painted by worldwide known artist, Leonardo DaVinci

[tound].

Performance art is a way to express one’s self through movements, vocals, and drama. Performance art could be a play, a dance, or a musical. Performance art involves the presence of the artist and takes the audience with them through the story and the message they are trying to get across. This form of art provides audience interaction in a different way than visual art, because they are being told the story rather than trying to unlock the message hidden in between the lines. This form of art is important for students because is it a positive way of expressing the self, and can provide them with good opportunities for their future. It also helps build up their confidence and make them more comfortable with being in front of large groups of people. An example of performance art is Cirque du Soleil, it is a circus that tells a story through intense body movements [Thand].

Art is important to society because there are so many different types that every person will find something of it that interests them. Art is all around us even when we don’t notice. The most noticed arts, visual and performing art, and effective because in the many ways they can show emotion through their work with their creativity to tell a story. Both of these arts are important for human growth as they allow children and adults to express themselves and give a piece of themselves to others creatively; which is why schools offer these arts for students to take [Palnd].

**References:**

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